

Summer Segerstrom Cross Country

Dates: June 30, 2025 – August 5, 2025

Time: 7:00am – 9:30am (Monday – Friday)

7:00am – 9:30am (Saturday)

Location: Track

Cost: FREE



Athletes must be cleared **BEFORE** participating.

- Online Athletic Clearance Packet (jagathletics.us)
 - Dated on May 1, 2025 or after
 - (Select Cross Country and Track and Field)
- Come dressed in running clothes and running shoes!
- Bring water!
- Instagram: [@JaguarsXC](https://www.instagram.com/JaguarsXC)
- Email Coach Sanchez
 - Daniel.Sanchez2@SAUSD.US



SCAN ME USING YOUR CAMERA TO ADD YOURSELF TO A SUMMER XC INTEREST LIST. OR VISIT <https://tinyurl.com/JaguarXC>

RUN
— AS ONE —
WORK AS A TEAM
FINISH AS A
FAMILY